

St. Paul's and Dunrobin OUR LIFE AND WORK Ministering in our Services March 5th, 2023

Presiding: Rev. Debbie Roi Music: Gabriel Tam-Poudrier

Service: 9:30 am-St. Paul's (Zoom service coincides with this time)

8:15 Dunrobin

<u>In person services</u>: masks continue to be optional in our church building

BIBLE STUDY ~ Bible Study Group is each Wednesday at 10:00 via zoom. Please contact Debbie for Zoom link.

St. Paul's Sunday service continues on ZOOM and in person, each Sunday with the site opening at 9:15 am and with the service beginning at 9.30 am for the following dates:

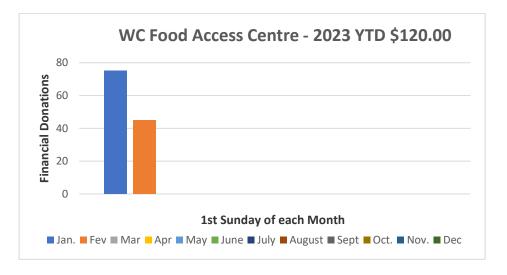
March 5, 2023 to April 23, 2023

https://us06web.zoom.us/j/83886618858?pwd=QllJNmk1K0dEazlMc0OvO3JUNTBwZz09

Meeting ID: 838 8661 8858 Passcode: 005910

FOOD ACCESS ~~ This **Sunday, March 5**th **is Food Sunday**, where we collect donations for the West Carleton Food Access Center. Thank you all for your ongoing generosity. Donations for this organization helps to feed many of our neighbours. Thank you for your help and care. Below you will see our monthly contributions for February so far.

West Carleton Food Access Centre - Chart of monthly donations - February 2023



General Information

Worship Services:

St. Paul's: 9:30 am - Weekly

Services

Dunrobin: 8:15 am - Bi-weekly services (no service in July and

August)

Minister's-Rev. Debbie Roi Office hours: 9-noon Tuesday and Thursday

Situations do sometimes arise that require Debbie to be out of the office at these times, so it is always best to

call ahead.

To contact Rev. Roi, please call: 613-808-7087 or email at revdebbleroi@gmail.com

For pastoral emergencies please leave a message at 613-808-7087

To contact the Church Office please

call: 613-839-2155 Our address is:

3760 Carp Road, Box 41, Carp, K0A

Our Email is:

stpaulsunitedcarp@sympatico.ca
Donations can also be made through:

PayPal and by Etransfer at:

<u>stpaulstreasurercarp@gmail.com</u>
Our Website: <u>www.stpauls-</u>

dunrobin.ca

Memorial Trust Fund:

For making Donations to our MTF in

Lenten Outreach Project This Lenten Season our Outreach Committee is inviting us to support **THE CANADIAN FOODGRAINS BANK**. This important organization responds to the needs of those living with food insecurity. Based out of Winnipeg, the CFB provides a Christian response to hunger. Food insecurity is expected to worsen in the coming months and children under 5 years old, are at particular risk. Because of weakened immunity triggered by the inability to access nutrition, many children (as well as pregnant and lactating women) are at extreme risk of becoming severely malnourished. The work of The Canadian Foodgrains Bank is lifesaving. We are invited to support this ministry through our designated LENTEN OFFERINGS. This food assistance not only meets people's basic nutritional needs, but also serves as a concrete reminder of God's love and compassion. Thank-you for your support!

St. Paul's United Church - 2023 Lenten Project

CANADIAN FOODGRAINS BANK

Feb. 26	March 5	March 12	March 19	March 26
Story of Young Baby Farhan	What is Hunger?	CFB guest speaker: Mr. Henry Reinders	Food Insecurity	Sustainability
Sirat Co	FEED HUNGRY	The same of the sa		
Donations	Donations	Donations	Donations	Donations
\$65.00				

IN PERSON STUDY GROUP: Study group will begin on Thursday March 9th in the lounge at 12:30; (please feel free to bring a bag lunch) We have a very interesting book to read this year written by Matthew Fox, entitled: "Julian of Norwich: Wisdom in a Time of Pandemic—And Beyond" Debbie will have books available on Sunday and they will also be available in the office during Christine's office hours. There will be no charge for the book, however if you prefer, it is also available on Kindle. The mystic Julian of Norwich lived at the time of the bubonic plague and the insights she offers through her writings are lifted up by Fox with contemporary wisdom. This promises to be a book that will bring about wonderful discussions. The schedule for study is as follows:

March **9**th Introduction and Chapter One

March 16th Chapter Two

March 23rd Chapter Three

March 30th Chapter Four;

May 4th Conclusion and Epilogue

April 6th Holy Week no meeting today

April 13th Chapter Five and Six

April 20th Chapter Seven

April 27 Chapter Eight

SPECIAL GUEST - March 12th: Next Sunday, March 12th, we will have a special guest join us for worship. Henry Reinders from the Canadian Foodgrains Bank will be coming to speak to us about the work of this wonderful organization! Please spread the word and plan to attend this very special service.

COPING WITH LOSS When we are coping with loss it is sometimes difficult for us to embrace the promise of Easter. The Good News is that the faith which leads us to Easter also leads us to healing. To assist with your spiritual healing, you are invited to several workshops this Lenten Season to assist you in seeing a way through grief. As you have heard me say many times before: "grief has no timetable". Everyone is welcome. Please email Debbie if you are interested in attending.

Spiritual Healing: (SH) will be held on Tuesdays at 9:00, March, 14, 21, and 28

CONVERSATIONS, COFFEE AND CRAFTS ~ Everyone is invited to come to **the Parlour on Thursday afternoons at 1:30.** You are welcome to simply come for a visit, or if you like, you are welcome to bring a craft project you might be working on. We are blessed to have an artist in residence and Martha Fraser will often be available to share new ideas. Please, plan to join us as we build new relationships and strengthen old ones.

IMPORTANT NOTE: REPEAT PERFORMANCE APPAREL IS NOT ACCEPTING CLOTHING OR GARAGE SALE DONATIONS AT THIS TIME

REPEAT PERFORMANCE APPAREL ~~~ continues to welcome you to shop for your bargains on each Thursday 10:00am to 2:00pm and Saturday 9:00am to 1:00pm at St. Paul's church; with lots left to choose from in shoes, clothing, jewelry and accessories featuring many brand names; look for items marked with stars* for additional savings Additionally, we have books and greeting cards as well as bins/containers chalk full of crafting supplies including fabric for quilting, buttons, trim and much more !! Please contact: Penny McNeely at pennymcneely@hotmail.com. We still have St. Paul's United Church LOGO Tea Towels available for purchase purchase purchase purchase</a









ANNUAL REPORTS ~ It is that time of year again. We ask that each Committee Chair submit their annual report for 2022 and we thank you very much for your care and consideration with this task. Reports can be sent directly to Christine at the church email address.

SHARING KITCHEN We are invited to help our neighbours with a meal or treat at times of financial struggle or personal struggle. Knowing what a gift a homemade meal can be, we will be starting a program called: The Sharing Kitchen. We are invited to drop off a meal or treats in the downstairs freezer at St. Paul's with food clearly marked with ingredients, approximate serving size and named Sharing Kitchen. There is no need to sign up, simply drop off any time you may make a double batch or have left-overs that you might like to donate. If you know of an individual or family who may benefit from these gifts, please let Debbie know. Thanks so much for your generosity as together we continue to find ways to reach out.

March			
Wednesday 1 st	10:00 am	Bible Study	
Thursday 2 nd	10:00 am - 2:00 pm 1:30 pm	Repeat Performance Apparel Coffee/Conversations	
Saturday 4 th	9:00 am - 1:00 pm	Repeat Performance Apparel	
Sunday 5 th	8:15 9:30 am	Dunrobin WCFA Sunday Service – Rev. Debbie Roi	
Wednesday 8 th	10:00 am	Bible Study	
Thursday 9 th	10:00 am - 2:00 pm 1:30 pm	Repeat Performance Apparel Coffee/Conversations	
Saturday 11 th	9:00 am - 1:00 pm	Repeat Performance Apparel	
Sunday 12 th	9:30 am	Sunday Service – Rev. Debbie Roi	
Wednesday 15 th	10:00 am	Bible Study	
Thursday 16 th	10:00 am - 2:00 pm 1:30 pm	Repeat Performance Apparel Coffee/Conversations	
Saturday 18 th	9:00 am - 1:00 pm	Repeat Performance Apparel	
Sunday 19 th	8:15 9:30 am	Dunrobin Sunday Service – Rev. Debbie Roi	
Wednesday 22 nd	10:00 am	Bible Study	
Thursday 23 rd	10:00 am - 2:00 pm 1:30 pm	Repeat Performance Apparel Coffee/Conversations	
Saturday 25 th	9:00 am - 1:00 pm	Repeat Performance Apparel	
Sunday 26 th	9:30 am	Sunday Service – Rev. Debbie Roi	
Wednesday 29 th	10:00 am	Bible Study	
Thursday 30 th	10:00 am - 2:00 pm 1:30 pm	Repeat Performance Apparel Coffee/Conversations	
M April		April	